

The tongue, with ten thousand taste buds, is what we use to taste things.

Being a muscle, it also both moves food to the back of the mouth in readiness for swallowing and assists us in pronouncing words. A doctor can sometimes tell how healthy a person is by examining the tongue. A healthy tongue is a nice pink colour, except that is, after one of those blue coloured, bubble gum flavoured ice drinks!

Some people are world record holders because of their tongues. Nick Stoeberl has the longest tongue in the world (10.1cms) and Steve Woodmore has the fastest tongue for talking, with the ability to articulate an average of 637 words per minute.

No two tongues are exactly the same. All tongues, however, can be used for good or for evil. Consider the good songs of praise to God or words full of complements, love and kindness towards others. Yet, so many use their tongues to cause upset, hurt and tears. A nasty tongue can destroy friendships, reputations and even lives.

James 3 reminds us that although the tongue is small, it wields much power and control, just as a great ship is steered about with a tiny rudder. Wild animals can be tamed, but the tongue no man can tame. Out of the same mouth come praises to God and poison against others. Prayers can be said, Bible verses recited and hymns sung. Yet, from a heart far from God, a tonque out of control can be used to tell lies and spread stories that are spiteful and cruel.

What's the cure? How do we stop it? Well, what comes out of the mouth starts in the heart. Our hearts must be right before God. We need to repent of our wrongdoings, seek God's forgiveness and trust in the Saviour who suffered and died on the cross. This is part of a great change, which has an effect upon all of our being, including our tongues.



Quiz: The Bible also mentions many other facial parts. Complete the word search below. Then, using the Bible references given, uncover which part is not found anywhere in the Bible.

Н	Q	W	E	R	T	c	Y	N	U
А	А	E	Y	E	2	Н	D	0	F
I	Q	W	E	R	T	I	Y	2	U
R	Z	X	C	V	В	N	c	E	N
Q	W	М	0	U	T	Н	Н	R	T
Z	X	c	V	В	N	М	E	Z	X
L	I	p	2	F	T	E	E	T	Н
F	G	E	Д	R	2	Н	K	Y	R

HAIR





MOUTH





EYE



JOSE

EARS



CHIN

Matthew 25:30 1 Kings 1:52 Proverbs 7:2

Matthew 5:39

Proverbs 21:13 Proverbs 30:3 1 Samuel 1:13 Psalm 19:14

PRIZEC!

Are you 12 or under? Send your answer, name, address and church to:

Rev. Stephen Pollock

Email: answer@fpvision.org 15 Fernagreevagh Road, Loughgall, Armagh, BT61 8PN

£5 WINNERS LAST TIME:

- » Reuben McClintock » Matthew Dick (Ballymena)
- » Lauren McConnell (Mourne)
- » Emily Wilkinson (Aughnacloy)
- » Anna Lucas (Garvagh)
- (Crossgar)
- » Neve Montgomery (Portglenone)
- » Michael Henry (Rasharkin)
- » Laura Robinson (Clogher Valley)



EVEN IF YOU DIDN'T WIN THIS TIME, PLEASE KEEP TRYING - MAYBE NEXT TIME!